To have service opportunities added to this list, please contact **Anita Wagner** at raw145@msn.com or 513-324-9144 (cell).

Be Concerned 1100 Pike St Covington Ky 41011 859-291-6789 www.beconcerned.org

Be Concerned is Northern Kentucky's largest and longest running food pantry. Our mission is to help our most vulnerable citizens with divinity and humanity.

1. Suitable for:

Suitable for all ages

Help needed:

Senior Food Packing - 1st Thursday and 4th Wednesday of every month Twice a month we pack crates with food (perishable and non) for seniors to be delivered to their apartment buildings after we finish. Each customer (senior) has a list they already filled out that we use to shop the food pantry. Older kids who read can fill the orders themselves while we tend to have younger kids help us get specific items or help their parents as they shop. A parent or responsible adult should be with the child volunteering. Please contact Shannon Kurtzner (513)885-8382 or Jen Wright (859)462-9495 if you would like to help. We are both BSS moms who coordinate these evening packs for Be Concerned.

Notice needed:

Please call the 2-3 days before the scheduled day to see if there is space.

2. Suitable for:

Suitable for all ages

Help needed:

Cleaning crates - Help is needed to clean the crates and totes we use to transport the majority or our food to our delivery sites and also to transport food given to us. These crates see a lot of action and cleaning them regularly is very much appreciated.

Notice needed:

This can be set up a day or two in advance for small groups/families or if a larger group, please give more notice. Contact Andy Brunsman (859) 291-6789

3. Suitable for:

Suitable for all ages

Help needed:

Every November my family walks out neighborhood with a wagon and collects food for Be Concerned last year we challenged the Baugh family and collected almost 500 lbs between the two of us. I'd love to put this challenge out to anyone else who would like to participate. Please contact Shannon Kurtzner (513)885-8382 if interested.

Notice needed:

No notice needed

Welcome House 205 Pike Street, Covington Sara Kahmann 859-431-8717

1. Suitable for:

Any age with adult supervision. This could be done by just a couple of people or it could be for groups of up to 15 kids plus chaperones.

Help needed:

Organizing donations needs to be done during the hours of 9 a.m. - 4:30 p.m. Monday through Friday, closed holidays. A good window of time would be from 3 p.m. - 4:30 p.m. This job would involve taking donations from the main floor to downstairs, and/or putting expiration dates on food donations.

Notice needed:

1-2 weeks notice needed

2. Suitable for:

5 people or less including adults. Kids 4th grade and older.

Help needed:

Shelter activity nights for homeless women and children take place Sunday through Thursday evenings from 7:15 p.m. - 8:30 p.m. You would be organizing an activity for the women and/or children. Examples of activities include: nail polishing, rock painting, do-it-yourself crafts for kids to give to their mom (for Christmas, birthday, Mother's Day), decorating the shelter for any holiday (Halloween, Thanksgiving, Christmas, etc...), game night, or anything else that you would like to organize. You can bring snacks, which are always a welcomed treat.

Notice needed:

1-2 weeks notice needed

3. Suitable for:

Any age

Help needed:

Any dinner that is brought in is helpful. There may be up to 30 people at any given time (usually 20 adults/10 children). Your children can help with planning for the meal, shopping for the items needed, and preparing the meal. This is a great opportunity for your children to realize what's involved with planning and funding a meal for this many people. Delivery of the meal would need to be by 3:30 p.m., so after school would work great or on a weekend. It does not need to be a totally homemade meal. You can always purchase the main item and make the side dishes or vice versa.

Notice needed:

More notice is better, but could be within the week. Must be scheduled to avoid duplicating donations. Packed lunches are also appreciated, for the kids to take to school or adults to take to work. Lunches would <u>not</u> need to be delivered by 3:30, they could be delivered any time of day.

4. Suitable for:

Any capable age

Help needed:

As donations increase during October, November and December, help is needed from October through January to organize the donations and in December to wrap Adopt-A-Family Christmas gifts. This can be done Monday through Friday during the hours of 9 a.m. – 4:30 p.m. I know these hours make it difficult to do with school, but even if you went directly from school for an hour, it would be helpful!

Notice needed:

1-2 weeks notice is needed for this. More notice is always better, but 1-2 weeks at least is ideal. For all of these opportunities, people can also always call or email me last-minute, but it's a lower chance of availability as my weeks fill up with meetings and other volunteers. During December, sometimes those last-minute calls are life-savers when scheduled people bail at the last minute and I have a ton of gifts still needing wrapped. Never hurts to ask!

Parish Kitchen 141 West Pike Street Covington, Kentucky Maria Meyer 859-581-7745

www.covingtoncharities.org

Suitable for:

Help needed:

- 1. Make PB&J sandwiches and put them in sandwich bags for guests to take with them. Drop off to Parish Kitchen between the hours of 11 a.m. 2 p.m. or call.
- 2. Make cookies, brownies, and cupcakes that Parish Kitchen can serve for dessert. Drop off to Parish Kitchen between the hours of 11 a.m. 2 p.m. or call.
- 3. Make "friendship fruit salad:" Invite each friend to bring a different fruit to your home, cut up the fruit, and fill gallon Ziplock bags with each fruit. Volunteers at Parish Kitchen will combine the fruits at serving time. Pineapple, strawberries, cantaloupe, and honeydew melon are great choices. Drop off to Parish Kitchen between the hours of 11 a.m. 2 p.m. or call.
- 4. Shop for (and donate) food that will be needed for holiday meals served at Parish Kitchen. For (just one) example, you can purchase and donate the rolls to be served for their Thanksgiving meal. Contact Ms. Meyer to see what is needed.
- 5. Ask anyone you know who is traveling to save their little soaps, shampoo, conditioner, and lotion bottles, and use them to make "blessing bags." Add some snack items for extra kindness. Drop off to Parish Kitchen between the hours of 11 a.m. 2 p.m. or call.
- 6. Do odd jobs to earn money, and buy socks, deodorant, razors, sunscreen, and bug repellent to donate much needed items! Drop off to Parish Kitchen between the hours of 11 a.m. 2 p.m. or call.
- 7. Coordinate a drive for (or donate) sleeping bags and blankets in early November. Sleeping bags and blankets typically are distributed in early December. Drop off to Parish Kitchen between the hours of 11 a.m. -2 p.m. or call.
- 8. Coordinate a drive for (or donate) winter hats and gloves. Drop off to Parish Kitchen between the hours of 11 a.m. -2 p.m. or call.
- 9. Coordinate a drive for (or donate) heavy sweat socks. Drop off to Parish Kitchen between the hours of 11 a.m. -2 p.m. or call.

Notice needed:

No notice needed for any of the above opportunities.

GO Pantry
Beth McIntire, Director
859-760-6480
Beth@GOpantry.org

Email Beth McIntire, Director, at <u>Beth@GOpantry.org</u> to be added to GoPantry email for sign-up genius for any Go Pantry events. Sign ups are usually sent out 2 weeks in advance. Go to http://www.gopantry.org/calendar to view their calendar of events. You can also check them out on Facebook.

2018 Volunteer event dates:

Sunday, October 21, 2018 Sunday, November 18, 2018 Sunday, December 2, 2018

St. Vincent de Paul Florence and Erlanger locations Blessed Sacrament Church pantry

Karen Zengel-Executive Director (<u>Karen.zengel@svdpnky.org</u>) 859-446-7723 Vicky Peterson-Volunteer Coordinator (<u>Victoria.peterson@svdpnky.org</u>) 859-446-7723

Suitable for:

Many of these opportunities are suitable for 4th grade and older with adult supervision

Help needed:

- 1. For middle school students (7th grade and older), we have an opportunity right now that involves researching and collecting information from assistance agencies for Hispanic and Latino communities. This would be doing internet research, using Google docs and Google forms and a Google spreadsheet. This can be done at home or anywhere you have computer access. This opportunity could lead to call a center opportunity. Contact Vicky 859-446-7721 (Victoria.peterson@svdpnky.org) to learn more and to sign up.
- 2. Store volunteer at Florence or Erlanger from 4 p.m. 6 p.m. Monday through Friday, and perhaps some Saturdays. Children must be accompanied by an adult. You will doing store support duties such as cleaning out the dressing rooms, picking up items (clothes) from floor, sorting through donations, and tidying up the store. Casual dress and close toed shoes are recommended.

Sign up with Vicky can be as late as same day.

- 3. Coat Distribution on Saturday, December 1, 2018 from 8:30 a.m. to 12:30 p.m. Two locations: John G Carlisle Elementary and Newport Primary.

 Sign up with Vicky by Friday, November 30, 2018
- 4. Coat Distribution on Saturday, January 5, 2019 from 8:30 a.m. 12:30 p.m. Two locations: Life Learning Center in Covington or Cristo Rey in Florence.

Sign up with Vicky by Monday, December 31, 2018

- 5. Holiday gift wrapping, beginning in mid-November through mid-December **Sign up with Vicky by day before.**
- 6. Sunday Sort at Florence or Erlanger locations from 1 p.m. 4 p.m., now accommodating smaller groups of 4-5 people. You will be sorting and/or organizing donations.

Sign up with Vicky by the Friday before at 3 p.m.

- 7. Food drives for specific items, a boot drive to supplement our coat giveaway and baby/hygiene drives are always welcome service projects at any time.

 No notice needed.
- 8. Blessed Sacrament Church St. Vincent de Paul pantry is always taking food donations. At any time, you can do grocery shopping for non-perishable items and deliver them to the pantry. For more information about specific items needed, please contact Marianne Meyer at the parish office 859-331-4302 or mmeyer@bscky.org **No notice needed.**

Blessed Sacrament Church Children's Liturgy Sunday 9:30 a.m. mass Contact: Rosanne Thomas (rthomas@bscky.org)

Suitable for:

6th grade and older

Help needed:

Children's Liturgy of the Word is held in the Undercroft during 9:30 mass Sunday mornings. Aides receive a seasonal schedule of assignments. They should check in with the adult in charge in the Undercroft at 9:15 a.m. and help set up. Then they go to mass as usual, but when the young children are called forward prior to the proclamation of the readings at mass, aides should also come forward and accompany the group to the Undercroft, assisting the adults as needed. They return to the church for Liturgy of the Eucharist, arriving during the preparation of the gifts. This counts for a half hour of service.

Notice needed:

Sign-up for the year usually takes place in September, but we can add volunteers to the list each time a new schedule comes out (every 3 months or so).

Blessed Sacrament Church Coffee and Donuts Host Contact: Kevin Esmeier (<u>kesmeier@outlook.com</u>) or 859-620-3632

Suitable for:

Students of any age can participate with adult supervision.

Help needed:

The ministry serves coffee and donuts after select Sunday 9:30 and 11:30 masses during the school year.

www.signupgenius.com/go/20f0e49a9aa2eabf58-coffee1

Notice needed:

Sign-ups take place throughout the school year. Check sign-up genius at any time.

Blessed Sacrament Fish Frys Friday, April 5, 2019 Friday, April 12, 2019

Tracie Stacy (tracie.stacy@gmail.com) **Co-Chairs:** Jessica Pfeiffer (jessicakpfeiffer@yahoo.com)

Suitable for: 4th grade and older

Help needed:

Watch for sign up genius coming in early 2019

Notice needed:

No notice needed